

## **COURSE UNIT DESCRIPTION**

Course Unit Title	DEVELOPING LEADERSHIP & MANAGING CHANGE	
<b>Course Unit Code</b>	HR650	
Type of Unit	Core	
<b>Level of Course Unit</b>	First cycle	
Year of Study	First/second year	
Semester	On demand	
Prerequisites	HR 405 Organizational Behavior	
Number of ECTS Credits	6	
Course Unit Objectives	The course provides a roadmap to achieving excellence in Leadership and m	anaging
	change. It outlines the theoretical foundations of the concept of Leadership a	nd what
	it takes to influence and empower others, as well as, practical knowledge and	d advice
	to enhance their ability to help themselves, their people, and organizations to	manage
	effectively corporate change provide them. The course presents behavioral	models,
	tools and personality benchmarks that students may immediately implement in	
	own career path. It offers to participants the opportunity to expose themselve	es to the
	latest thinking and practice in the management of change. The course	requires
	personal intellectual curiosity and commitment, and, in addition to lay	•
	theoretical foundations of leadership, will be experiential and practical in nat	_
Learning Outcomes	On completion of this course/workshop students will be able to:	PILOs
Zeurming Guteomes	1.Demonstrate knowledge and understanding of key concepts, theories,	A
	practices, and trends that relate to effective leadership and the management	11
	of change, including the ethical and sustainability implications linked to	
	their application	
	2. Integrate theoretical knowledge and relevant data/information to analyze	В
	complex situations and exercise judgment on issues that relate to the	
	effective management of change.	
	3.Identify through self-assessment their personal strengths and areas for	В
	improvement and create a personal plan for the continuous development of	
	their leadership potential and skills	
	skills.	
	4. Apply critically change management concepts/theories and models to	C1
	recommend solutions to frequently encountered problems or improvements	
	to current practices.	
Title and Name of	Dr. Dionysis Dionysiou	
Lecturer(s)	21. 2101, 510 2101, 5100	
Mode of delivery	Face to Face	
Prerequisites	HR405 Organizational Behavior	
Recommended or required	Readings are divided into: Pre-reading, Essential and Further Readings. You	will be
reading(s)	supplied with the "Pre-readings" and "Essential Readings". You will find it be	
_	if you read them in advance of every session. "Further Readings" are inte	nded to

provide information for additional sources of relevant literature for those who wish to widen and deepen their understanding or particular issues now or in the future.

## **Pre-readings:**

Students must read before the first lecture the following case studies (hard copies will be provided before first class):

- The case of the disobedient workers (moodle)
- Grange, C., Prom Tep, S. Senecal, S. 2018. Digital Transformation at La Presse:
  B Implementing the Digital Strategy. *International Journal of Case Studies in Management*, 16(1) (request a copy from program office).
- Cabbaro, J. J., & Kaftan, C. 2012. Jess Westerly at Kauflauf GmbH. *Harvard Business Publishing* (request a copy from program office).
- Kouzes, J. and Posner, B. (2012). *The Leadership Challenge: How to Make Extraordinary Things Happen in Organizations*, San Francisco: Jossey-Bass.Extraordinary Things Happen in Organizations. Jossey-Bass

Additional articles and e-material will be handed out during the course.

## **Required Readings:**

- Bridges, W. 2010. Three Questions: Manage your transitions. *Leadership Excellence*.
- Burnes, B. 2004. Kurt Lewin and the planned approach to change: a re-appraisal. *Journal of Management Studies*, 41: 977-1002.
- Dent E. B., & Goldberg, S. G. 1999. Challenging "resistance to change". *Journal of Applied Behavioral Science*, 35: 25-41
- Ford, J. D., & Ford, L. W. 2009. Decoding resistance to change. *Harvard Business Review*, 87: 99-103
- Kotter, J. 2001. What leaders really do. Harvard Business Review, pp. 85-96.
- Kotter, J. 2007. Leading Change: Why transformation efforts fail. *Harvard Business Review*, 85:96-103.
- Sirkin, H.L., Keenan, P. & Jackson, A. 2005. The hard side of change management. *Harvard Business Review*, 83: 108-118.

## **Further Readings:**

- Armenakis, A.A., and Harris, G. S. 2009. Reflections: our journey in organizational change research. *Journal of Change Management*, 9: 127-142.
- Blount, S., Carroll, S. 2017. Overcome resistance to change with two conversations. *Harvard Business Review*, pp 1-4.
- Bridges, W. 2009. *Managing Transitions: Making the Most of Change* (3rd Edition), MA: Addison Wesley.
- Ford, J.D., Ford, L.W. and D'Amelio, A. 2008. Resistance to change: The rest of the story, *Academy of Management Review*, 362-377.
- Garvin, D. A., and M. A. Roberto. 2005. Change through persuasion. *Harvard Business Review* (February): 30–38.
- Huy, Q. N. 2002. Emotional balancing of organizational continuity and Radical Change: the contribution of middle managers. *Administrative Science Quarterly*, 47: 31-69.
- Oreg, S., Bartunek, J., Lee, G., Do, B. 2018. An affect-based model of recipients' responses to organizational change events. *Academy of Management Review*, 43: 65-86.

	• Rafferty, A. E., Jimmieson, N. L., and Armenakis, A. A. 2013. Change readiness: a
	multilevel review, Journal of Management, 39 (1): 110-135.
	• Romanelli, E., & Tushman, M. L. 1999. Organizational Transformation as
	Punctuated Equilibrium: An Empirical Test. Academy of Management Journal, 37:
	1141-1166.
	• Stouten, J., Rousseau, D. M., & De Cremer, D. 2018. Successful organizational
	change: Integrating the management practice and scholarly literatures. <i>Academy of Management Annals</i> , 12(2): 752-788.
	• Weick, K. E., & Quinn, R. E. 1999. Organizational Change and Development.
	Annual Review of Psychology, 50: 361-386.
	• Katzenbach, J. R., Steffen, I., & Kronley, R. 2012. Cultural change that sticks.
	Harvard Business Review, 90: 110-117.
	Adair, J. (2002). Inspiring Leadership: Learning from great leaders. London:
	Thorogood.
	Goleman, D., Boyatzis, R., & Mckee, A. (2013). Primal Leadership: Unleashing the
	Power of Emotional Intelligence, Boston, MA: Harvard Business School Press.
	Bill, G. (2004). Authentic Leadership: Rediscovering the Secrets to Creating Lasting
	Value, San Francisco: Jossey-Bass.
	De Pree M. (2008). Leadership Jazz: The Essential Elements of a Great Leader. New
	York: Doubleday
	Kotter, J. (1999). What Leaders Really Do, Boston: Harvard Business School Press
	Bill George (2013). Discover Your True North, New Jersey: John Wiley & Sons Inc.
	Pink, D. (2006). A Whole New Mind: Why Right-Brainers Will Rule the Future. New York: Riverhead Books.
	Bennis W. Nanus B. (2007). Leaders: Strategies for Taking Charge. New York:
	HarperBusiness usiness Essentials, 2007
	Herrmann, N, Herrmann-Nedhi, A (2015). <i>The Whole Brain Business Book</i> (2 <sup>nd</sup> ed.),
	McGraw-Hill,
Planned learning activities	Teaching Methods will include lectures, case studies, group discussions, videos and
and teaching methods	a simulation game. To make the most of teaching sessions and to give you ample time
	to discuss the case studies in your groups, it is important that each one of you has read
	all relevant case studies prior to the teaching sessions.
Assessment methods and	The course will be assessed as follows: (a) 90% by an individual exam; (b) and (b)
criteria	10% by the completion of an online quiz.
Language of Instruction	English
Zunguage of Institution	2.15.16.1
	Detailed Class Schedule
Class 1:	• The significance of organizational change for organizations; why do change
	initiatives fail?
	• Flexibility vs. Stability: managing the unavoidable trade-offs.
	Types and patterns of change
	Change as a planned intervention:
	- How to introduce planned change successfully: Lewin's force-field analysis
	and the 3-step model of change.
	- Resistance to change: common sources of resistance to change and
	strategies to reduce resistance.
Class 2:	Leading transformational change

	- Leadership vs. Management: why we need both.
	- Kotter's 8-stage model of transformational change
	- Designing successful change interventions: BCG's DICE framework.
	Continuous versus discontinuous models of change;
	The dynamics of growth and resistance: Land's growth curve.
Class 3:	Why do change management efforts fail? The human factor.
Class 3.	- Bridges' model of individual transitions: helping people through corporate
	change.
	- Individual reactions to change and strategies to deal with them.
	Reactive and proactive approaches to change management.
	Individual stages of change
	Harvard Business Publishing Simulation game "Change Management"
	Simulation: Power and Influence V2" William Q. Judge; Linda A. Hill
	In this simulation, you play one of two roles at a sunglass manufacturing firm and
	face the challenges associated with implementing an organization-wide
	environmental sustainability initiative. The initiative seeks to change raw material
	inputs in order to make the company's products more "green," and also to address
	environmental waste issues. The simulation includes up to four scenarios with
	different combinations of two important factors for creating change: the relative
	power of the change agent and the relative urgency associated with the change
	initiative. In each scenario, you choose among different change levers in an attempt
	to persuade key members of the organization to adopt the change initiative. You are
	assessed on your ability to achieve the greatest percentage of adopters within the
	company while simultaneously using the fewest resources.
Learning Hours	Pre-readings: 5
Learning Hours	Contact (class) hours: 14
	Independent study: 56
	Total: 75
About the Instructor	Dr. Dionysiou teaches courses in the areas of Organizational Behavior,
About the Histiactor	Organizational Change, and Business Excellence. His research interests focus on
	processes of organizing and sensemaking, organizational routines, organizational
	change and adaptation, and the management of organizations operating in high-
	velocity, uncertain environments. His research has been presented in international
	academic conferences, among which, the Academy of Management (AoM) and the
	Group for Organization Studies (EGOS).
	Dr. Dionysiou has significant professional experience in defence logistics and he was
	representative of the Hellenic Army in several NATO cooperative logistics
	partnerships. He has worked for many years as an executive trainer for numerous
	Greek and multinational companies such as EFG-Eurobank Ergasias, Vodafone
	Hellas, Shell Hellas, Phillip Morris Hellas, Quest, Reederei Nord Ltd., S&B Minerals
	S.A., and Indonesian Port Corporation (IPC). He is also the academic supervisor of
	the Best Workplaces Hellas competition in Greece.
	the Best workplaces Herias competition in Office.